

Daily Word



A UNITY PUBLICATION
AUGUST 1945

Class Thoughts

PEACE . . . In the name of the Lord Jesus Christ we pray for and decree a permanent peace, uniting all the nations of the earth in a league of justice and righteousness, in which the life, liberty, and love of God shall be paramount.

PRAYER FOR WORLD LEADERS: Through the Christ mind you are unified in thought and purpose for the good of all humanity.

JULY 20 to AUG. 19

ILLUMINATION (11 a. m.): I think and speak the Truth, and I radiate the light of my words.

PROSPERITY (12 noon): Prosperity is mine by divine right, and everything I bless is quickened and increased.

HEALING (9 p. m.): The healthy thoughts of my mind are radiated into my body, and I express health.

AUG. 20 to SEPT. 19

ILLUMINATION (11 a. m.): The light and love of the Holy Spirit is my teacher and help.

PROSPERITY (12 noon): I listen for the voice of the Holy Spirit, and I am in all ways guided and prospered.

HEALING (9 p. m.): Christ in me unites with the Holy Spirit, and I am healed.

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THE UNITY OF NATIONS

At this time the world has come to one of the crucial points in its ongoing. The nations are drawing together to construct the framework of a peace that can mean centuries of order and progress for the world. The nature of this peace depends on the wisdom and understanding shown by us and by the leaders chosen to represent us in the conferences and meetings that are being held.

We cannot pray too diligently about this peace. We cannot do too much to build a consciousness of agreement, harmony, and mutual understanding.

We cannot do too much to realize and to help others to realize the points of agreement between nations. Let us pray that we may all realize the true unity of nations and that we and our leaders may have the wisdom and understanding needed to build on that unity a lasting peace. Let us think and talk unity. Let us pray for unity:

"THROUGH THE CHRIST MIND YOU ARE UNIFIED IN THOUGHT AND PURPOSE FOR THE GOOD OF ALL HUMANITY."

We see the unity of nations established; we see them bound together in the peace of God.

SILENT UNITY

DAILY WORD

EDITED UNDER THE SUPERVISION OF SILENT UNITY

Vol. 43

AUGUST, 1945

No. 2

In This Issue

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Blessedness—by *Miranda Snow Walton*

The Way of Growth—by *Martha Smock*

DAILY LESSONS FOR AUGUST

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| 2. Confidence | 13. Christ Spirit | 23. Understanding |
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Cover Photo—Harold M. Lambert

IN THE STILLNESS

CHRISTIE LUND COLES

No. 2

In the stillness I come for strength;

I come to find peace.

I come to let all my cares

And all my doubting cease.

I come without uttered word,

I come without uttered prayer;

Yet from the hour thus spent

I rise to a world made fair.

I wake to a world made new,

Made sweet in this solitude,

In this time of sweet communion

With God, with light, with good.

Dear Daily Word Friends:

As we write this in April to be read in August, we can only wonder at the kind of events that will fill the intervening months. This month, when the course of human history has taken such sudden, unexpected turns, we have thought much about you, our DAILY WORD friends. We have been thankful for the thought that in every city, in every town, on every quiet street, in shops, in crowded stores, there you were, you with your faith, you who had united in the daily word of prayer, you who shed a light about you, who inspired trust and confidence in persons about you, you who kept lifted in heart by your faith in Truth, who were never weighted down by sadness or hopelessness. We have been thankful for this thought of you; we have thought of you many times as the hope and the light of a world on the verge of victory.

Would that in April we could know that you who read this in August will be rejoicing in total victory, that your thoughts will be stretching ahead to the construction of a new world, that the emphasis will be on beginning again! But even though we cannot write beyond April as far as events are concerned, we know that the end of the war is close upon us, we feel the breath of victory in the air about us, we hear the sound of victory in every church bell, every factory whistle, every

train whistle in the night.

Again we think of you, our readers, and we are thankful for you, for we know that you are ready for the peace because you have been praying for a better world. We know that you have thought much about the problems of peace conferences, that you have been at every conference in spirit, sitting in with your faith, backing up true ideas and visions with your prayers and your confidence in the Christ Spirit in the men chosen to represent you. You are praying and you will continue to pray for the Spirit of truth to be quickened in the minds and hearts of men everywhere. You are praying and you will continue to pray for the comfort, courage, and strength of the individuals who have been saddened and bereaved by this war. You are praying and you will continue to pray that the people of the world may, like the prodigal son, come to themselves and arise and go to the Father.

You are able to see with a broad and true vision. You see that though we are many nations, many peoples, many conflicting groups, in spirit we are one nation, one people, one spirit, one heart, one mind. Together we can say to the world: "But ye are a chosen generation, a royal priesthood, an holy nation."

(Continued on page 39)

Wednesday

AUGUST 1

THROUGH MY CONSCIOUS UNITY WITH THE
CREATOR MY EVERY DESIRE IS SATISFIED, MY
EVERY NEED FILLED.

IN THE ABOVE statement we have the key to answered prayer. Prayer is not answered by our seeking in the without but in the within. It is not answered by concentrating on the lack but on the source of its fulfillment. Instead of putting the emphasis of your thought on your desire or your need, put it on God. Give the substance of your thought to God, to building a consciousness of oneness with Him. In doing this you are establishing a consciousness of oneness with all good, and the desire that you have is sure to be fulfilled.

It is said that nothing is more powerful than an idea whose time has come. The hour for the fulfillment of your heart's desire is at hand, and its fulfillment must come forth when you have become at one with God in consciousness, when you have learned to abide in the glory of His presence. In that rich consciousness of oneness with God every desire is realized, every need fulfilled.

✿ *And all these blessings shall come upon thee, and overtake thee . . . if thou shalt hearken unto the voice of Jehovah thy God.*—DEUT. 28:2.

AUGUST 2

Thursday

I HAVE CONFIDENCE IN MY INNATE CHRIST
ABILITY TO DO ALL THINGS.

THE KNOWLEDGE that the Spirit of divine wisdom within you is always available when you need guidance in making decisions brings a feeling of calm and self-assurance. Whatever you are called upon to do, knowing that you can turn within for illumination makes you poised and confident.

When you are given an opportunity to do something different from your accustomed tasks, when you are called on to meet any one of the individual challenges life continually offers, you need never feel unsure of yourself or doubt your ability to accomplish. The next time an opportunity comes to you that you have felt is beyond you, become quiet and affirm your oneness with divine wisdom and inspiration. As you still your human doubts and misgivings, you become conscious of a feeling of peace and power.

Confident and unanxious, you can meet each challenge with lightness and freedom of spirit, with faith in your innate Christ ability.

✻ *I can do all things in him that strengtheneth me.*

—PHIL. 4:13.

I TURN TO GOD FOR MY STRENGTH, AND HE GIVES ME STRENGTH AND A LIGHT FOR MY WAY.

I TURN TO GOD and know that He gives me strength for all things. In His strength I find comfort and surcease from pain, from indecision, from weakness. He points my way and gives me a light to follow so that I cannot fail.

In turning to God I find my immediate sanctuary, my rest, my blessing. When I turn to Him the way is cleared ahead, and the future can hold no fears, no bewilderment for me. With my hand in His I am sustained in all things, I am shielded from all harm, and in His gentle love I go forward with warmth in my heart, with courage in my soul, with understanding light in my eyes.

Even through the noise of the storms of life I hear His song, as if the chaotic winds had found His harmony. Even through the darkness of a starless night I shall know that He has made the way perfect ahead.

*As for God, his way is perfect:
The word of Jehovah is tried;*

He is a shield unto all them that take refuge in him.

—PSALMS 18:30.

I HAVE NOTHING TO FEAR, FOR I AM A CHILD OF GOD, AND I AM CONSTANTLY AND FOREVER INFOLDED IN HIS LOVE AND CARE.

WHAT IS IT that we fear? More than anything outside ourselves, we fear our own inadequacy to cope with the situations that life presents. We fear that we will not have health and strength enough to see us through; we fear that we will lose what we love and want; we fear that we will not be understood and get what we deserve.

How do we free ourselves from this phantom that haunts the mind and saps the energies? By ceasing to think of ourselves as inadequate in any way and by accepting ourselves as we really are in our true nature: wise, inspired, strong, assured, courageous children of God. Most of us do not erase fear with one stroke; but by rising to our full spiritual stature when we have anything to meet, we prove to ourselves the actuality of the unfailing and unlimited power we have within, and we come more and more to depend upon it until the day arrives when in place of fear we have faith.

♣ *Jehovah is on my side: I will not fear.*—PSALMS 118:6.

Sunday

AUGUST 5

THE LOVE OF GOD IS EXPRESSED PERFECTLY
THROUGH ME.

WHEN WE HAVE learned to express the love of God in all our thoughts, words, and actions we shall be able to overcome every obstacle in life and live in perfect harmony and understanding with all people. It is through love that we are able to look beyond the appearance of faults, mistakes, and limitations and to see only that which is kind, unselfish, and loving in our friends, associates, and loved ones.

Let us resolve each morning to fill our thoughts with God's love, and determine to express this love toward everyone we contact during the day. Thoughts of love give us an inner peace and serenity that contribute to the harmony and happiness in our life and in the lives of those around us. When we determine to express the love of God in our words, we will remember to speak only that which is wise, kind, and true, for ill temper is often revealed with just a word. The love of God expressed in our actions consists in serving others willingly, in being considerate of their well-being.

☛ *Thou shalt love thy neighbor as thyself.*—MATT. 22:39.

AUGUST 6

Monday

I AM FILLED WITH THE JOY AND ENERGY OF SPIRIT, AND I MEET LIFE WITH ENTHUSIASM.

REGARDLESS OF circumstances, even when life appears routine, colorless, or uneventful, by turning our attention from the seeming inadequacies of ourselves and our circumstances to the Spirit within we can awake to a new spirit of joy, we can feel a new surge of vitality and inspiration and enthusiasm, we can feel a new zest for life.

There is nothing like an enthusiastic attitude toward life to open doors that lead to interesting and enriching relationships, to prospering and satisfying activities, to new, bright worlds. An enthusiastic attitude is like a healing elixir, it so buoys and invigorates the spirit that we can take a firm, new hold upon ourselves and our life and achieve results even beyond our dreams.

A truly enthusiastic attitude is a spiritual expression, for it is stirred up and sustained by the Spirit of truth telling us that it is right for us to be happy, to be joyful, to be successful, to be appreciated, and to have fullness of life.

✻ *In diligence not slothful: fervent in spirit; serving the Lord.*—ROM. 12:11.

Tuesday

AUGUST 7

GOD IN THE MIDST OF ME IS MIGHTY TO
BLESS AND TO HEAL ME.

AFFIRMATIVE prayer is the most effective form of healing prayer because it recognizes and accepts the truth that the healing work of Spirit is constantly going on. The prayer of supplication implies doubt, whereas the prayer of affirmation expresses faith, and faith is the most important requisite for healing.

The healing work of Spirit is constantly going on in the body, because life is present throughout the organism, and it is the nature of life to renew itself, to rebuild, to restore. Wherever life is present the restorative powers of life are at work. These restorative powers are accelerated when man's thought is in harmony with them. The affirmative prayer establishes this harmony and makes man's consciousness an open channel for the healing work of Spirit.

Affirm: "God in the midst of me is mighty to bless and to heal me." Know that even as you speak the words God's healing work is being done in you.

✿ *The prayer of faith shall save him that is sick.*
—JAMES 5:15.

AUGUST 8

Wednesday

I ACKNOWLEDGE GOD AS MY GUIDING SPIRIT,
AND HE DIRECTS MY PATH.

TO RECEIVE THE full benefit of God's guidance and blessing we must acknowledge His presence as being continually with us, and depend on Him to help us manage every detail of our life. No problem is too large or small to take to Him in prayer, knowing that in His great love for us He is ready and willing to help us with the solution.

Whatever your need may be, a new home, the right position, an adjustment from one way of life to another, you can turn to God for guidance and He will direct every step of your way. When you place your whole trust in God and follow His leading in all things, you will avoid mistakes and your path will become smooth and successful.

Darkness is only the absence of light. Doubt and indecision are only the turning away from God. Keep your eyes constantly turned toward the light, have faith in God to show you the way, and you will be illumined, guided, and blessed.

*In all thy ways acknowledge him,
And he will direct thy paths.*

—PROV. 3:6.

Thursday

AUGUST 9

MY HEART IS STRONG, AND I AM FILLED WITH
FAITH IN GOD.

WHEN WE LOOK to God as the source of all our good, when we think of Him as our help in every need, when we keep in mind the glad truth that we are one with Him, our heart feels uplifted and even gay.

Is there a task before you today? God faces it with you. He is your strength and your unerring guide. He will help you to accomplish it.

Have you thought with concern about your own health or the health of another? You need not. God's life is freely given to all His children; His strength is limitless, His life unending. All that you can ask of life and health He freely gives.

Have you wondered about the well-being of a loved one? Wherever your dear one is God is too, and God is helping him in whatever he must do. God is mighty to accomplish all things.

Think for a few moments about these simple truths. Do you not feel a sense of freedom and strength? That is not only your promise of an answer; it is part of the answer itself. Trust in it.

☛ *My heart hath trusted in him, and I am helped.*
—PSALMS 28:7.

AUGUST 10

Friday

I WILL DO MY PART IN KEEPING THE PEACE
BY REMEMBERING THAT GOD IS GOVERNING
ALL NATIONS.

I WILL DO MY PART in keeping the peace of the world. First I will establish peace in my own heart and peace in my thoughts toward my fellow men. I will rise above thoughts of intolerance by knowing that God governs all nations and that all men are His children and my brothers. I will keep faith with the ideal of the brotherhood of man in my thinking and in my everyday living. I know that in the mind of God all men are one; I will do my part so that a realization of this oneness may be established in the minds of men.

I will keep the "city of my soul" in good order. I will endeavor in every way to make it a worthy part of the kingdom of God, so that it may contribute its good to the good of all under God's government.

I will follow the great commandments of God and send forth my love to all men. I will know that my worthy thoughts and loving deeds are bringing more of peace into the world.

• *For the kingdom is Jehovah's.*—PSALMS 22:28.

Saturday

AUGUST 11

CHRIST IN ME UNDERSTANDS THE GOOD INTENTIONS OF EVERY HEART, AND I CAN FORGIVE FREELY.

WE GAIN NOTHING by holding onto memories of past hurts and injustices, even if they occurred but a few moments ago. We lose out on much joy by giving even a part of ourselves to the feelings and emotions aroused in us by memories of this sort. When we have come through an experience we have gained something in wisdom and understanding. This is what we should take for ourselves and let the rest go.

Every person's heart is seeking happiness, but in the seeking he often does and says things that are not true of the intentions of his heart. That is why, if we are to live happily with ourselves and with other persons, we must look deeper than thoughts and actions and understand the good intentions of the heart. When we learn to do this, it is easy for us to forgive ourselves for anything in the past that may not measure up to our present standards, and it becomes easy for us to forgive others who seem not to have measured up to what we expected of them.

♣ *For thou, Lord, art . . . ready to forgive.*—PSALMS 86:5.

THE LIGHT OF GOD SURROUNDS ME.

OUR PRAYER FOR ourselves and for others begins with the thought of spiritual light, the illuminating presence of God. Is your need today for more light, for clearer vision and understanding with which to go forward and meet your problems? You have the "light which lighteth every man, coming into the world." Turn your whole heart, your whole attention to the realization that the light of God, the inspiration and illumination of mind, Spirit, now surrounds, is now within you. Relax and let go of any anxious or burdened thought or feeling that you must work out your problems alone. Turn your face to the light of God, let the divine radiance penetrate all the innermost and outermost parts of your being. The presence of divine light illumines your mind, gives you right ideas, takes away all uncertainty, all confusion, and you know just what to do when a need arises. Truly the light of God is your joy, your protection, your inspiration, and your assurance of well-being, for "God is light, and in him is no darkness at all . . . we walk in the light."

☛ *There was the true light, even the light which lighteth every man, coming into the world.—JOHN 1:9.*

Monday

AUGUST 13

THE CHRIST SPIRIT PRECEDES ME TODAY AND
PREPARES THE WAY FOR MY GOOD.

TODAY I STRIDE fearlessly forward on whatever appears to be my path, confident that the way has been prepared for me. If some of the steps further on do not seem clear to me I remember that I do not have to take them yet, and I know that I shall find that the Christ Spirit has preceded me, clearing away every obstacle.

I pray that I may be willing to take first steps first, keeping my eyes on the accomplishment of the work immediately before me and letting later duties be done with the ability and judgment that accompany them when I set the Master before me in all my ways. If my consecration to His will is complete, sincere, and earnest, I shall move briskly along in my work all day long; but if I have not subjected my whole will unreservedly to the will of the Christ, then I may need to pause occasionally and ask again for guidance. So again I repeat my affirmation, renewing and strengthening my awareness of His presence on my pathway.

*Behold, I send my messenger before thy face,
Who shall prepare thy way before thee.*

—MATT. 11:10.

THE JOY OF THE LORD IS MY STRENGTH.

A WORD LIKE JOY IS a key word that can inject a new spirit into your thinking if you will use it in your meditations. Think of what the word joy means to you; let it call to mind all the joy you have known. Think of what the word joy means to millions of other persons; think that in a sense when you repeat the word joy, when you tune in to the idea of joy through the mere repetition of the word, you are tuning in to all the joy that the human heart has known.

Even in times of sadness, even at times when the human self might tell you that you have no right to be joyful, a thought like the statement for today will lift your spirit, will tune you in to the joy of Spirit, will strengthen and sustain you and comfort you. Whatever your particular need may be at this moment, add the thought of joy to your prayer. The joy of the Lord is your health. The joy of the Lord is your satisfaction and peace of mind. The joy of the Lord is with you now, giving wings to your spirit, lifting your heart, pointing the way to the solution of your problems. The joy of the Lord is your strength.

☛ *Joy cometh in the morning.*—PSALMS 30:5.



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Blessedness

MIRANDA SNOW WALTON

Blessed are you whose heart is glad,
Whose voice speaks out in praise
For all the joys that life can give,
For creation's happy ways.

Blessed are you whose mind can know
The Infinite on high,
Whose thoughts break through the clouds of doubt
To view the azure sky.

Blessed are you whose soul can sing
Though days be filled with care;
Who walk straight through the dark to heaven
And find your Father there.

Wednesday

AUGUST 15

I AM A CHANNEL THROUGH WHICH THE LOVE
OF GOD BLESSES MANKIND.

TODAY, RIGHT where I am, I can be a channel through which the love of God can bless mankind. Every person I contact is going to pass on his way with a little more warmth in his heart, a little more joy in his soul, because through me the love of God has been expressed. Perhaps it will be just a friendly smile, a word of encouragement, or perhaps just a silent "God bless you." All through this day I will remind myself that through me the love of God is blessing mankind.

As I work out my own problems, as I give myself to the blessing of others, I realize the need of all God's children to realize more of His love. I feel a glow in my heart as I let the Christ Spirit mellow my emotions. The memory of yesterday's problems fades in the light of the today's joy. Moment by moment I give my silent blessing to everything and everybody. At nightfall I give thanks for a beautiful day. I realize that through love I have truly served God, that through love I have blessed mankind.

♣ *Love one another, even as I have loved you.*—JOHN
15:12.

AUGUST 16

Thursday

THE VICTORIOUS SPIRIT OF GOD IS STRONG IN ME. THROUGH HIM I AM MASTER OF MY LIFE AND AFFAIRS.

THE VICTORIOUS Spirit of God is strong in me, because I am made in His own image and after His likeness. Through faith in God and my sure knowledge of my sonship to Him I am master of my life and affairs.

His wisdom guides me in the care of my body and in the demands that I make upon it from day to day. I can accomplish many things in a day and with perfect ease, for I conduct my life in harmony with God's law of divine order and perfect peace.

I am master of my life and affairs because I am at peace with my surroundings. Those things which I desire changed, I bless and utilize as best I can at the moment, and know that they are only milestones along the path to that which I desire.

I use my mastery to help others by knowing that all are sons of God, that His victorious Spirit is strong in them. I pray for them in faith and joy, for I know that through Him they too are masters.

* *And this is the victory that overcometh the world, even our faith.*—I JOHN 5:4.

Friday

AUGUST 17

I TURN TO THEE AND FIND NEW FAITH AND
JOY POURING UPON ME IN OVERFLOWING
MEASURE.

MANY PERSONS at some time or other have made a mistake or suffered a bitter experience that caused them to feel that everything beautiful in life was gone. The fact is that it is possible to have a more beautiful life after a mistake has been made, a bitter experience suffered, because the soul has learned a lesson and developed a greater capacity to appreciate and live a broader life.

Oftentimes what seem the most difficult experiences in life stir into action great soul qualities and give one a more understanding heart. Experiences in themselves are like the specific arithmetic problem that teaches the principle. The important thing about the problem is the understanding gained in working it, which enables us readily to solve other such problems. So the understanding gained from our experiences is the important thing, for through understanding we are able to meet and overcome other problems successfully, and we have the courage to go forward.

♣ *Look up, and lift up your heads.*—LUKE 21:28.

I AM FREE WITH THE FREEDOM OF SPIRIT.

TODAY CAN BE your day of victory over anything that has depressed you, limited you, or kept you from sure, capable, competent expression of your powers and abilities.

What is it that you would be victorious over? To win your victory you need first of all to realize your freedom in Spirit. Sit quietly, close your eyes, become still, and say to yourself, "I am free with the freedom of Spirit." A realization like this will lift you to spiritual heights, for it will lift you out of thoughts of depression, bondage, and negation. You are free with the freedom of Spirit!

At other times during the day, when you are actively engaged in whatever it is that claims the attention of your heart and mind and hands, you can let this idea, "I am free with the freedom of Spirit," be your song of thanksgiving, your reassurance when doubts arise, your strength when false habits of thinking or living would seek to retain their hold. You are free with the freedom of Spirit!

Today can be your day of victory; for a free spirit is always a conquering spirit!

● *Ye shall be free indeed.*—JOHN 8:36.

Sunday

AUGUST 19

I RELY UPON GOD'S POWER TO ESTABLISH
PERFECT ORDER AND HARMONY IN MY LIFE
AND ALL MY AFFAIRS.

GOD'S POWER is mighty to bring about right conditions in our life and affairs and to establish perfect order and harmony in all that concerns us. No condition can have the power to disturb us when we rely upon God's power.

To live a perfectly happy life we need but realize that God is in charge of all our affairs and that all things are working together for our good. Conditions in the world may cause perplexing problems that we feel we cannot solve alone, and we need to be receptive to the power of God working through us to guide and to help us through any situation that bewilders us. When changes take place in our affairs, we can be thankful for them, knowing that the power of God works through us to bring about good and to establish perfect harmony. God's power is unfailing and unchanging. No matter what problems we are facing, we can remain poised and confident in the realization that only good can prevail. We can be receptive and ready to receive our good.

✿ *I have set my cause in order.*—JOB 13:18.

AUGUST 20

Monday

I LISTEN FOR THE VOICE OF THE HOLY SPIRIT,
AND I AM IN ALL WAYS GUIDED AND PROS-
PERED.—UNITY CLASS THOUGHT.

ONE OF THE most useful prayers to be found in the Bible is that of Samuel: "Speak, LORD, for thy servant heareth." When we realize that of ourselves we are not all-wise but that we have instant access to the source of all wisdom, we can declare our willingness to accept divine guidance and show our receptivity to it by affirming silently the prayer of Samuel.

The voice of the Holy Spirit does not often speak in words. Rather it breathes into our mind and spirit almost imperceptibly, perhaps communicating to us a new idea that we find helpful or revealing to us a new way of looking at things, a way that may not have occurred to us previously.

The one sure way to prosperity is to follow the guidance given by the Holy Spirit, in the Father's name and by His authority. If we are faithful in following the guidance of the Holy Spirit, we shall find ourselves prosperous, wealthy in mind, and wealthy in affairs.

✿ *Speak, LORD, for thy servant heareth.*—I SAM. 3:9
(A. V.).

Tuesday

AUGUST 21

THE LIGHT AND LOVE OF THE HOLY SPIRIT
IS MY TEACHER AND HELP.—UNITY CLASS
THOUGHT.

WHEN WE MEET with a trying situation, we are sometimes at a loss to know what to do. Even though as students of Truth we are convinced that the ultimate outcome of the situation will be good for all concerned, nevertheless we want to know just what it is necessary for us to do in order to make peace and harmony manifest. This is revealed to us by the Holy Spirit.

Jesus Christ foresaw the need that we would have for illumination and guidance, and He promised that God the Father would send in His name the Holy Spirit, who would teach us all things. This is the assurance that is given to every child of God who looks to his Father momentarily for guidance and direction.

Our loving Father does not leave us comfortless ever; He comes unto us when we commune with Him in silent prayer. The light of His presence shines in and for us; His love infolds us and radiates through us to all men.

♣ *The Holy Spirit . . . shall teach you all things.*—JOHN
14:26.

AUGUST 22

Wednesday

CHRIST IN ME UNITES WITH THE HOLY SPIRIT,
AND I AM HEALED.—UNITY CLASS THOUGHT.

MODERN SPIRITUAL healing is premised upon the truth that man is a divine being, and that within him dwells the Christ, the divine essence of perfection. Since man is divine, he is therefore perfect in essence, in Spirit. Man expresses health in mind, body, and affairs to the degree that he perceives this truth spiritually.

If any person is not manifesting perfect health in mind, body, and affairs, the condition of fear, ill-health, lack, or other manifestation that is troubling him, no matter how serious it may appear to be when judged by human standards, can be healed by spiritual means.

First we must recognize that perfection dwells in man; then we must have faith that that perfection can be made manifest. Acting upon this faith, we affirm in the name of the great healer Jesus Christ that we are now, this moment, whole and perfect in mind, body, and affairs. Thereupon the Christ in us unites with the Holy Spirit of perfection, and according to our faith it is done.

✻ *Ask . . . and it shall be done.*—JOHN 15:7.

Thursday

AUGUST 23

THROUGH THE LOVE AND UNDERSTANDING
OF CHRIST I AM AT PEACE.

MANY PERSONS feel depressed and unhappy because of criticism directed at them. They not only feel that others condemn them; they condemn and reproach themselves. Regardless of whether criticism is justified or unjustified, the way to meet it is to lift ourselves up in mind and heart to the place where we can see ourselves and all other persons in the light of the love and understanding of Christ. When we can do this, we rise above hurt feelings.

Everyone has a right to his own ideas and opinions, and when we act from our best understanding, even though we discover that we have been mistaken and see a need for a change of heart or mind in ourselves, we need not suffer self-condemnation. Through the forgiving love of Jesus Christ we can realize forgiveness and go on from there. But we need not fear the criticism of others, even though our ideas differ from theirs, if we feel right within ourselves. We can find courage to stand by our convictions and to know that what is real and true will justify itself.

✿ *A man is justified by faith.*—ROM. 3:28.

AUGUST 24

Friday

I LIVE IN THE ETERNAL, UNENDING PRESENT,
AND I HAVE AN ABUNDANCE OF TIME FOR
EVERYTHING.

A COMMON SOURCE of worry to many of us is our belief in a lack of time. How often we hear the words, "If only I had more time!" The truth is that there is no lack of time. The lack is in our conception and use of time.

Man invented clocks and calendars, but in the mind of God it is always the eternal, unending now. We are living in eternity.

Instead of worrying about a lack of time to get things done, affirm: "I live in the eternal, unending present, and I have an abundance of time for everything." You will find that the details of your life will adjust themselves so as to help you carry out this positive idea. You will find yourself doing little jobs in odd moments that heretofore you wasted. You will find yourself speeding up routine tasks that formerly you may have loitered over. You will become aware of a new order in your day's schedule. The word of Truth always finds expression in the affairs, when it is faithfully and positively declared.

✱ *A time for every purpose.*—ECCLES. 3:1.

Saturday

AUGUST 25

I BEHOLD ONLY THE GOOD IN MY LIFE AND AFFAIRS AND IN THE WORLD ABOUT ME.

THE WORLD IS full of God's goodness and bounty, and we have only to look about us to see it manifesting itself in countless ways. The world is the same whether your outlook is cheerful and optimistic or depressed and pessimistic. The difference lies in you and whether you behold good or negation.

If you have been seeing monotony and tribulation in your own life and only trouble and chaos in the world, change your outlook. Begin to look for everything good in your own affairs. Look past every seemingly negative condition to the eternal and unchanging good that is the foundation of every life. Dwell on the bright and happy experiences that come to you, and dismiss that which seems sad and troublesome. Your good will increase by leaps and bounds.

If you have been disturbed by apparent world conditions look away from them and behold peace and unity and harmony being established. By changing your thought you can help to make the world a better, happier place to live in.

♣ *Hold fast that which is good.*—I THESS. 5:21.

AUGUST 26

Sunday

THOU ART MY LIFE. I AM THOROUGHLY
ALIVE!

CHARLES FILLMORE, cofounder of Unity, in a recent talk about laying hold of the life principle illustrated his point by telling the story of a man walking down the street of a large city on V-E day with a radio under his arm, searching for a place to plug it in. Mr. Fillmore said that many times we are like that man; we have our radio under our arm but get no results because it is not plugged in!

The point is that we need to connect constantly with the source of life if we are to be sustained in a vital, buoyant, energetic state of health. Merely to exist is not enough, for we find ourselves depleted and tired. We "plug in" to life through prayer, through becoming still and tuning in to the source of our being, through consciously knowing that we live in the life of God, which is unbounded, ceaseless, inexhaustible. We feel the current of life flowing through us, we feel new power, new life, new strength flowing through us when we affirm life, when we make contact with the divine source of life and power through prayer.

✠ *They shall renew their strength.*—ISA. 40:31.

Monday

AUGUST 27

THE LIGHT OF GOD ILLUMINES, PROTECTS,
AND GUIDES ME CONSTANTLY.

IF YOUR WAY seems difficult or dangerous at any time, turn trustingly to the light of Truth. Regardless of any outer change or experience you may face, the light eternal shines steadfastly. It illumines you with a radiance that no adversity can assail. The light of God is also within you as perfect understanding.

The unknown and the uncertain frequently underlie fear and anxiety, but there is assurance and confidence in following the course we know. As you turn to the perfect understanding that is within you, divine knowing and assurance will be yours.

These words appear in the hymn "Lead, Kindly Light":

"I do not ask to see

The distant scene; one step enough for me."

You may not see each step of the way in which a desired blessing is to be realized or a problem solved. Yet if you follow the light that is given you day by day and moment by moment, you will find the way divinely ordered and you will know that it is a kindly light that leads you.

✿ *And light shall shine upon thy ways.*—JOB 22:28.

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AUGUST 28

Tuesday

I AM AT PEACE IN MY MIND AND HEART ABOUT EVERYTHING AND EVERYONE, FOR GOD IS IN ALL AND THROUGH ALL, AND GOD IS GOOD.

IF YOU FEEL the need of a greater sense of poise, perhaps your basic need is for peace of mind concerning your own life or the lives of those persons who are important to you; or your lack of poise may stem from a feeling of fearfulness in meeting the issues of life.

Now, as you are reading this lesson, as you are thinking about this idea of poise, stop for a moment and say to yourself: "I am at peace in my mind and heart about everything and everyone, for God is in all and through all, and God is good." During times of meditation through the day think about these words, during times of activity when you are disturbed about anything or anyone, say these words to yourself. Such a practice will help you keep in a confident, courageous state of mind; it will give you a feeling of peace and power. You can be a truly poised person through realizing the peace and power of God that are in you, through trusting in His strong Spirit.

✿ *Put your trust in Jehovah.*—PSALMS 4:5.

Wednesday

AUGUST 29

I YIELD MYSELF WHOLEHEARTEDLY TO GOD'S
GOOD WILL, AND JOY AND SUCCESS PREVAIL
IN MY LIFE.

THE WILL of God provides the fullest measure of happiness, success, and well-being. Nothing that can enrich, gladden, or glorify life is omitted from the will of God. Because God is love His will for man cannot be other than good will.

Knowing the beneficence of the divine will brings peace of mind, poise, and realization of security. Trusting in the infallibility of God's will opens the way for the fullness of His blessings to find manifestation. Confidence in the truth that the perfect will applies to all the affairs of life and to every detail of human experience helps one to shape each condition and circumstance in accord with the good.

The person who wholeheartedly accepts God's will as good enjoys serenity of spirit. The one who recognizes it as the controlling power in his life thinks clearly, acts wisely, and lives richly. He yields himself wholeheartedly to God's good will.

✿ *Thy kingdom come. Thy will be done, as in heaven, so on earth.*—MATT. 6:10.

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AUGUST 30

Thursday

THROUGH MY FAITH IN GOD, THE GOOD, I
LIVE IN PEACE AND HARMONY.

FAITH IN God, faith in His Spirit of good in your fellow men will work wonders in helping you make your life harmonious and happy. What you have faith in, what you really believe in, is what comes into manifestation in your life. So center your faith in God, and know that good is the only presence and God is the only power in your life.

Meet every person you contact with faith in his God-given abilities, recognizing him as a perfect child of God. When someone says to you, "I have faith in you," your immediate reaction is to justify that faith, to live up to his highest expectation of you. So your family and friends and associates will strive to live up to your faith in the good in them. As your faith in good grows, your consciousness of love grows too, and harmony is established in all of your relationships. Your life becomes smooth and happy and joyous, and you are abundantly blessed as you meet every day with a faith-filled, love-filled heart.

✿ *For ye are all sons of God, through faith, in Christ Jesus.*—GAL. 3:26.

Friday

AUGUST 31

THROUGH CHRIST IN ME I THINK THOUGHTS
OF TRUTH.

IN TRUTH WRITING and teaching we hear much about "consciousness." A simple definition of consciousness is that it is the sum total of our thoughts; or we may say it is the soul structure we have formed thought by thought, until we have built up definite attitudes and opinions and reactions that make us the kind of person we are, that make our life the kind of life it is.

In Truth writing and teaching much is said about "changing your consciousness." The simple and direct method of changing your consciousness is to change your mind or your way of thinking. You may not realize the kind of thoughts you have been thinking, the kind of consciousness you have been forming, but the kind of life you have tells you whether a change of thought is needed. If you are not as healthy, as happy, as prosperous, as wise, as loving as you would be, consider your thoughts, examine your attitude toward persons and conditions, watch your reactions. As you change thought by thought and think Truth your life will change and blessings will be yours.

✿ *For as he thinketh, so is he.*—PROV. 23:7.

Dear Daily Word Friends:

(Concluded from page 5)

God bless you. God guide you every day in making the decisions that are yours to make in your own life. God give you peace of mind, health of body, happiness of heart, prosperity in your affairs. God guide you every day in contributing the power and the influence of your thought and prayer to world decisions. God give you peace; God give the world peace through you!

Silent Unity

Announcing Both Riches and Honor

By Annie Rix Militz

**Cofounder of the *Home of Truth*
Teacher, Metaphysician, Unity Author**

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UNITY SCHOOL OF CHRISTIANITY.

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Be Prospered by a Greater Realization of God as Your Supply

Do you often find yourself wavering in your faith in God as supply and doubting that He will guide you in all your affairs? If you do, you should strive to increase your realization of God as your supply, the giver of "every good gift, and every perfect gift." This realization comes surely and readily if you give your whole attention to God and His Truth. As you give your attention to God your consciousness is uplifted, you receive God's perfect gifts—His rich ideas for your bountiful supply—and you are truly prospered.

An excellent way to prepare for a greater realization of God as your supply is to follow the Unity Prosperity Bank drill. Thousands have improved conditions in their life with this simple, effective program of prayer. It draws your attention daily to the true source of your supply. In addition it provides a convenient way for you to save for *Daily Word* gift subscriptions for your friends. As you follow the prayer drill Silent Unity prays with you for your prosperity and success.

Unity School of Christianity, 917 Tracy, Kansas City 6, Mo.

Please send me a Prosperity Bank and enter a year's subscription for *Daily Word* for each of the persons here named. I will save \$3 for the subscriptions, which are to begin at once. I ask the prayers of Silent Unity for my success.

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Scatter joy and you will harvest it

Lessons in Truth Week This Year
Is September 10-16



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The Way of Growth

MARTHA SMOCK

Except a grain of wheat fall into the earth
and die, it abideth by itself alone; but if
it die it beareth much fruit.—John 12:24.

Even a perfect seed cannot know further growth
Except it lose itself in a new birth.
Should seeds, like men, to change and growth be loath
Lands could not bear the famine and the dearth.

"Except a grain of wheat fall into the earth and die"
It cannot know its certain way of growing;
For seeds need earth and air and sun to multiply
And live again in golden harvest blowing.

Except we die to all the doubts we know
We cannot feel the Spirit's sun and rain;
Our life, like seed unplanted, will not grow,
Nor will it bear much fruit or yield good grain.

Oh, could we know how great shall be our growth,
We should not seek the harvest ere the sowing;
We should, like seeds, to changing not be loath,
But find an endless joy in endless growing.

